

## CWGHR Goals, Visions and Missions

### The Goal

The goal of CWGHR's work is to improve the lives of people living with HIV/AIDS, their families, friends and colleagues. You can help. Please consider a donation, sponsorship or membership.

### Vision

The daily lives of people living with HIV/AIDS are improved in direct and meaningful ways by rehabilitation care, support and services.

### Mission

Promoting quality of life through rehabilitation research, education and cross-sector partnerships.

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Groupe de travail canadien sur le VIH et la réinsertion sociale

This project is funded by  
the Government of Canada.

Canada

## Mentorship Program for Rehabilitation Professionals

### *HIV & Rehabilitation*

Canadian Working  
Group on HIV and  
Rehabilitation  
(CWGHR)



*Promoting quality of life through  
research, education and cross sector  
partnerships*

## About CWGHR

The Canadian Working Group on HIV and Rehabilitation (CWGHR) is a national charitable organization that responds to the rehabilitation needs of people living with HIV/AIDS through research, education and cross-sector partnerships.

CWGHR bridges the traditionally separate worlds of HIV/AIDS, disability and rehabilitation. Our members include organizations — community based HIV/AIDS and disability organizations, national professional associations, unions, government agencies, and private-sector companies — and individuals, such as people living with HIV/AIDS, and health care, social care and human resources professionals.

Our partners for the mentorship program are:



Canadian Association  
of Physiotherapy  
Association  
Association  
canadienne de  
physiothérapie



CAOT - ACE  
Canadian Association of Occupational Therapists  
Association canadienne des ergothérapeutes



CASLPA-ACOA

## Mentorship Program for Rehabilitation Professionals:

### HIV/AIDS & Rehabilitation

#### About the Mentorship Programme

This program has been designed as a method of knowledge translation to increase the capacity of rehabilitation professionals to better serve the needs of people living with HIV/AIDS in Ontario.

Rehabilitation professionals interested in learning more about HIV/AIDS care, treatment and support of people living with HIV/AIDS will be partnered with an inter-professional panel of clinicians experienced in the care of HIV/AIDS along with mentors who are living with HIV/AIDS.

Participants will be facilitated in their learning through case studies some of which are provided and others which will be drawn from the clinicians own practical experiences.

#### Time Frames and Expectations

The programme will start with a full day workshop scheduled for October 23, 2008 (locations in Toronto or Hamilton to be announced). Formal sessions will then involve meeting either through video/teleconferencing once per month with opportunities to contact the mentors for

specific questions/learning opportunities. Individuals seeking mentorship are asked to keep a journal of their learning throughout the programme and are expected to bring with them questions and/or case studies for discussion.

#### Advantages of Mentorship

Through an inter-professional approach and inclusion of people with HIV/AIDS this mentorship program promotes relationship building in order to capitalize on the skills of many individuals in a supportive learning environment.

A problem-based learning approach conceptualizes issues relevant to clinical practice and builds competency and confidence in learners.

Mentors consolidate their knowledge and are challenged to work through new cases presented by participants.

Continuing education offers people with HIV/AIDS resources to improve their quality of life while increasing the marketability of the rehabilitation professional.

Upon completion, **participants receive a certificate that can be used towards continuing education equivalents.**